



Lifelong
Learning
Programme

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Zespół Szkół w Głogowie Młp.

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Self-discipline shows us how we should live, which thing is the best for us. I think that if we have self-discipline we have self-control, we can do everything what we want. If we know how we should behave in the particular situation we can be calm, we have control on our lives. People who don't control their lives begin to lose at some point, they don't look for help. They must understand that everything depends on them, every bad character trait, every fault is in them and only they can change it. They must establish good habits, which help them to meet new people.

If we learn to keep control on our lives we won't feel rejected by others. Our character becomes more expressive, we will be confident and we will feel better with each other. Self-discipline will make that right!