

Comenius Multilateral Partnership 2013 – 2015  
**Training For LIFE – Leadership Initiative For Europe**

Zespół Szkół w Głogowie Młp.

by **Dominika Mazur** 3 a

Self-discipline. This is something that everyone knows, but no one knows how to explain. When someone asks you what self-discipline is, you probably tell him examples, like „It's when you're on a diet, you really want to eat sweets, but you don't do this". I would give the same explanation. Unfortunately, when I'm on a diet, I can't stand it and I end up eating sweets. Or, when I have something to do I do it the next day whenever I can.

Let's take the homework I'm writing at the moment. I've had two weeks of winter break. During these two weeks I wanted to do so many different things- write a story, draw the next chapter of my comics, do some exercise, study English, make a sculpture, study for my Polish Contest... really, a lot of things. Now it's the last night of my winter break and I'm finally writing this essay. I was supposed to do it some time ago. I also must do my homework for Polish lessons.

Moreover, I haven't written a story so far, I only drew four pages of my comics. I still do nothing to be slimmer, or nothing to be better in English. When it comes to the sculpture, I didn't even buy clay! It's because of my laziness.

So, ...well. I can definitely say that I don't have self-discipline. But I know that it isn't good. Self-discipline is very important. I dream that one day I'll become a famous comic designer. But how can I be famous if I can't draw a chapter when I have two weeks of free time? I should have drawn two chapters by now!

Let's be honest- I'm lazy. But I know that if I don't want to work, my dreams will never come true. It's obvious. I need to work on my self- discipline because my happiness is dependent on self- discipline. I'm the biggest obstacle to my own happiness. I really need to work on it. But, maybe tomorrow.